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LABEL STUFF.

Adult Mental Disorders

Common Disorders

- **Alcohol/Substance Abuse**
- **Alcohol/Substance Dependence**
- **Anxiety Disorders**
- **Adult Attention Deficit/Hyperactivity Disorder (ADHD/ADD)**
- **Bipolar Disorder**
 - Major Depressive Episode
 - Hypomanic Episode
 - Manic Episode
 - Mixed Specifier (Formerly Mixed Episode)
- **Depression**
- **Eating Disorders**
- **Generalized Anxiety Disorder**
- **Obsessive-Compulsive Disorder**
- **Opioid Use Disorder Symptoms**
- **Panic Disorder**
- **Postpartum Depression**
- **Posttraumatic Stress Disorder (PTSD)**
- **Schizophrenia**
- **Schizophrenia Education Guide**
- **Seasonal Affective Disorder (SAD, see Depressive Disorder with Seasonal Pattern)**
- **Social Anxiety Phobia**

Dissociative Disorders

- Depersonalization Disorder
- Dissociative Amnesia
- Dissociative Fugue
- Dissociative Identity Disorder
- Dissociative Disorder Not Otherwise Specified (NOS)

Feeding & Eating Disorders

- Anorexia Nervosa
- Binge Eating Disorder
- Bulimia Nervosa
- Pica

Sexual & Paraphilic Disorders

- Dyspareunia
- Erectile Disorder (ED)
- Exhibitionistic Disorder
- Female & Male Orgasmic Disorders
- Female Sexual Arousal Disorder
- Fetishistic Disorder
- Frotteuristic Disorder
- Hypoactive Sexual Desire Disorder
- Persistent Genital Arousal Disorder (PGAD; not a recognized diagnostic category at this time)
- Premature (Early) Ejaculation
- Sex Addiction (not a recognized diagnostic category at this time)
- Sexual Masochism and Sadism
- Transvestic Disorder
- Vaginismus
- Voyeuristic Disorder

Sleep & Wake Disorders

- Circadian Rhythm Sleep-Wake Disorder
- Hypersomnolence (Hypersomnia, Primary)
- Insomnia Disorder
- Nightmare Disorder
- Narcolepsy
- Rapid Eye Movement Sleep Behavior Disorder
- Restless Legs Syndrome
- Non-Rapid Eye Movement Sleep Arousal Disorders (Sleep Terror Disorder & Sleepwalking Disorder)

Childhood Mental Disorders

Childhood disorders, often labeled as **developmental disorders** or **learning disorders**, most often occur and are diagnosed when the child is of school-age. Although some adults may also relate to some of the symptoms of these disorders, typically the disorder's symptoms need to have first appeared at some point in the person's childhood.

- Autism Spectrum Disorder (Formerly Asperger's, Autistic Disorder, & Rett's)
- Attachment Disorder
- Attention Deficit/Hyperactivity Disorder (ADHD/ADD)

- Autism
- Conduct Disorder
- Disorder of Written Expression
- Disruptive Mood Dysregulation Disorder
- Encopresis
- Enuresis
- Expressive Language Disorder
- Mathematics Disorder
- Mental Retardation, see [Intellectual Disability](#)
- Oppositional Defiant Disorder
- Reading Disorder
- Rumination Disorder
- Selective Mutism
- Separation Anxiety Disorder
- Social (Pragmatic) Communication Disorder
- Stereotypic Movement Disorder
- Stuttering
- Tourette's Disorder
- Transient Tic Disorder

Personality Disorders

These disorders typically aren't diagnosed until an individual is a young adult, often not until their 20's or even 30's. Most individuals with personality disorders lead pretty normal lives and often only seek psychotherapeutic treatment during times of increased stress or social demands. **Most people** can relate to some or all of the personality traits listed; the difference is that it does not affect most people's daily functioning to the same degree it might someone diagnosed with one of these disorders. Personality disorders tend to be an integral part of a person, and therefore, are difficult to treat or "cure." [Learn more about personality disorders and personality traits...](#)

- Antisocial Personality Disorder
- Avoidant Personality Disorder
- Borderline Personality Disorder
- Dependent Personality Disorder
- Histrionic Personality Disorder
- Multiple Personality Disorder, see [Dissociative Identity Disorder](#)
- Narcissistic Personality Disorder
- Obsessive-Compulsive Personality Disorder
- Paranoid Personality Disorder
- Schizoid Personality Disorder
- Schizotypal Personality Disorder

Other Mental Disorders & Concerns

- Acute Stress Disorder
- Adjustment Disorder

- Agoraphobia
- Alzheimer's Disease
- Bereavement
- Body Dysmorphic Disorder
- Brief Psychotic Disorder
- Conversion Disorder
- Cyclothymic Disorder
- Delusional Disorder
- Disinhibited Social Engagement Disorder
- Dysthymic Disorder
- Gaming Disorder
- Gender Dysphoria
- Hoarding Disorder
- Hypochondriasis (Illness Anxiety)
- Intermittent Explosive Disorder
- Kleptomania
- Major Neurocognitive Disorder
- Minor Neurocognitive Disorder
- Pain Disorder
- Panic Attack
- Parkinson's Disease
- Pathological Gambling
- Pedophilia
- Premenstrual Dysphoric Disorder
- Pseudobulbar Affect
- Psychotic Disorder, Unspecified
- Pyromania
- Reactive Attachment Disorder
- Schizoaffective Disorder
- Schizophreniform Disorder
- Shared Psychotic Disorder (Delusional Symptoms in Partner)
- Somatic Symptom Disorder
- Specific Phobia
- New Specifiers of Bipolar Disorder and Depression
- Trichotillomania